Thames Boulevard, Werribee 3030 Email: westgrove.ps@education.vic.gov.au

Phone: (03) 9749 8233



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CALENDAR OF EVENTS – IMPORTANT DATES				
Term 1, 2022				
Friday 18 th March	National Day Against Bullying			
Thursday 24 th March	Special Lunch Orders Due			
Wednesday 30 th March	School Photos P-2 Special Lunch			
Thursday 31 st March	3-6 Cross Country 3-6 Special Lunch			
Friday 8 th April	Last day of Term 1 – 2.15pm finish			
Term 2, 2022				
Tuesday 26 th April	First day of Term 2			
Wednesday 18 th May	Vaccination Clinic – 2 nd dose			

A MESSAGE FROM THE PRINCIPAL TEAM Chris Gatt, Kerrie Slaymaker & Susan Richardson

Assemblies

A reminder that we are holding our assemblies on Friday afternoon at 2.30pm via WebEx this term. Families are more than welcome to join. The link will be shared each week via Compass and Class Dojo.

Baby news

Congratulations Mrs. McLoughlin (6M), Marium our Student Counsellor and Mr. Langdon who are all expecting new additions to their families this year. Both Mrs. McLoughlin and Marium will be commencing family leave throughout Term 2. We are currently in the process of recruiting their replacements.

School Council Update

Our 2022 School Council nomination process has now concluded. The following parents have been elected to the 2022 and 2023 School Council:

Parent Category		DET Representative Category	
Kelly Bennett	Meredith Jones	Jesse Langdon	
Nicole Hurle	Matthew Witbrodt	Susan Richardson	
Marijke Welch			

The first meeting of the new School Council will be Tuesday 22nd March 2022. The first item will be to elect office bearers for 2022 and co-opting two members to our community member positions.

On behalf of the school I'd like to thank our outgoing parent members, Afzal Kadar, Jamie Taplin and Victoria Mahoney. We thank them all for their commitment and contribution to Westgrove PS. Thank you!

Staff absences

As you may be able to tell we have been struggling to find replacement teachers when one of our teaching staff is absent. This is due to there being an extremely limited number of replacement teachers available. We are trying to minimise splitting classes and maintain our tutoring program as much as possible.

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2023 Prep Enrolment Week - March 21 to 25, 2022

We will have a 10:00-11:00am school tour each day of enrolment week (parents/carers please book in via the office) We will also have a 5:00-6:00pm tour on the Wednesday of that week (parents/carers please book in via the office).

COMPLETING AN ENROLMENT

Please check your zoned school by entering your residential address on the Department of Education's website; www.findmyschool.vic.gov.au.

If you reside in our designated school zone, we will require the following to complete the enrolment:

- Birth Certificate or Passport
- Visa documentation (if applicable)
- Immunisation records
- Court orders/Custody orders (if applicable)
- Wellbeing information (if applicable)
- Student medical needs (if applicable, asthma plan, anaphylaxis etc.)

If you have any further questions, please contact us on 9749 8233

Meet our new piano - Cassandra Cable!!

The piano was made in Chicago in 1924, making it almost 100 years old. Each year more than 2,500 pianos are dumped in landfill in Australia. Pianos Recycled is a program to rescue these pianos and place them in schools and kindergartens. Our Westgrove students have loved playing the piano at recess and lunch.



COVID-19 UPDATE

- Thank you to all the families that accessed the Vaccine Clinic yesterday. It will be open next on Wednesday 18th May 12:30pm-4:30pm. More information will go out closer to the date.
- Masks to be worn inside all buildings within a primary school setting as per Department guidelines.
- We are still waiting on our next delivery of RATs. They will be sent home with students as soon as they arrive.

TEACHING AND LEARNING UPDATE

Literacy at Westgrove

All students have commenced the borrowing of their weekly take home books and library books. Reading together is a valuable thing to do. Reading increases your child's vocabulary, expands your child's understanding of the world, and gives them confidence when using language. Reading is also an important way to make the link between spoken words and written words.

Here are some general tips:

 Encourage your child to select books, magazines, catalogues, or multimedia stories according to their interests.

WHY READ 20 MINUTES AT HOME?

a Taiduts	STUDENT B	STUDENT (
20 MINUTES A	5 MINUTES A	I MINUTE A
DAY=	DAY=	DAY=
1,800,000	282,000	180 WORDS A
WORDS A YEAR	WORDS A YEAR	YEAR

Set aside time for reading every day. Reading before bedtime is a good habit to get into.

TOGITHIE WE SROW

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- Share wordless picture books to develop imagination, ideas and vocabulary by naming and describing things in pictures.
- Look for rhyme, rhythm or repetition in books. This will help develop your child's love of language.
- When reading to your child, read stories with expression, or try putting on the voices of characters. This will help make reading fun.
- Encourage your child to take over some or all of the reading if they feel confident.
- If your child is confident with their reading, allow them to read without interruption. Fluency is gained with confidence. Mistakes can be discussed after a block of reading, or in subsequent readings.
- Allow your child to read at their own pace. Model good pace when you read to them.
- Give your child the opportunity to re-read books.

Mathematics at Westgrove

Maths is everywhere. There is plenty of maths around you such as calculating, measuring, using numbers, interpreting data and graphs, recognising patterns, and using language to develop mathematical understanding. Take the time to explore Maths at home and in your everyday life. For example, ask questions about the maths in activities like cooking, exercise, sport, budgeting and shopping.

Maths Curriculum Day

On Friday 4th of March, all the Westgrove staff participated in a day-long professional development session with Maths expert, Michael Minas. As life-long learners, the staff were able to experience new and innovative ways to refine existing Maths teaching programs. Every class has already had the opportunity to take part in new games and strategies that the teachers explored on the day and will continue to do so, as the year ensues.

ENGAGEMENT AND WELLBEING UPDATE

It has been a busy fortnight on the Engagement and Wellbeing front!

On Friday 18th March we will celebrate <u>National Day of Action Against Violence and Bullying (NDAVB</u>). Student Voice Leaders and School Captains will be running a class activity with their own grades to promote the message: Kindness Culture. **On Friday 18th March, all students are invited to:**

- Wear something orange (eg hair tie, socks, headband) in addition to their usual school uniform on Friday
- Attend a lunch time disco in the gym on Friday
- Create a kindness/anti-bullying badge on Friday during Recess

Somers camp

We will have 10 Year 5 students representing Westgrove at the upcoming district Somers Camp. We wish them all well and we look forward to hearing all of their stories when they return.

Student uniforms

Just a reminder to parents that all students are expected to attend school in full uniform as per our school uniform policy, see link below:

http://www.westgrps.vic.edu.au/_files/ugd/6dad92_f0be26fb7e324d0698d54285fafaf731.pdf

All students require a hat for outdoor activities in terms 1 and 4. We have several students who have not yet had a hat to wear outside which has restricted their play and participation in activities. A simple navy blue Sunsmart hat can be purchased from any of the local stores such as Big W or Kmart.

Uniform support can be provided by contacting the office.

Zones of Regulation

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The Zones of Regulation has been a focus in Social and Emotional learning in classrooms across the school. The Zones are used to help students build awareness of their feelings and use a variety of tools and strategies to help regulate their emotions.

THE FOUR ZONES: OUR FEELINGS & STATES DETERMINE OUR ZONE

- The **Red Zone** is used to describe extremely heightened states of alertness and intense emotions. A person may be elated or experiencing anger, rage, devastation, or terror when in the Red Zone.
- The Yellow Zone is also used to describe a heightened state of alertness and elevated emotions, however one has more control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone.
- The Green Zone is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. This is the zone where optimal learning occurs.







• The **Blue Zone** is used to describe low states of alertness and down feelings such as when one feels sad, tired, sick, or bored.

The Zones can be compared to traffic signs. When given a green light or in the Green Zone, one is "good to go". A yellow sign means be aware or take caution, which applies to the Yellow Zone. A red light or stop sign means stop, and when one is the Red Zone this often is the case. The Blue Zone can be compared to the rest area signs where one goes to rest or re-energize.

All of the zones are natural to experience, so it is to be expected that students would move between zones as they navigate through their day.

To support your child at home, ask them how they are feeling, allowing them time to identify and discuss their emotions with you. Ask your child to share strategies they can use to move back into the Green Zone.

OFFICE NEWS





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Swimming – term 2

Our Year 2s and Year 4s have an opportunity to participate in a swimming program next term at Paul Sadler Swimland (next door to school). The information has been distributed via Compass and returns are due back on April 4th. Each student will benefit from one free lesson in their program as part of the government's support funding for swimming.

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WHAT'S HAPPENING IN WYNDHAM?

